



SCOLIOSIS
ASSOCIATION UK

40 YEARS

**OF SUPPORTING
THOSE AFFECTED
BY SCOLIOSIS**

**ANNUAL REVIEW
2020-2021**



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TRUSTEES' REPORT

This past year has been a very difficult one for everybody, and SAUK is no exception. However, thanks to the dedication of our small office team we were able to man the Helpline throughout the various lockdowns and restrictions and continue to support our members through judicious use of the web and social media. Many small charities have really struggled but once again SAUK was so fortunate to have such a generous membership, who did not let us down! Although our income dropped a little bit our supporters did sterling fundraising efforts for us and we kept well afloat and able to offer our usual support. Natalie Cooper in particular was very good at arranging online events, and our regional meetings were replaced by online question-and-answer sessions with scoliosis experts, which proved very popular. ISAD was also online and although the London Marathon was cancelled many of our members took part in the 2.6 Challenge, which they could do at home.

SAUK has been active in other ways too. 2021 was our 40th anniversary and we celebrated it in the autumn edition of Backbone. I am tremendously proud that with the help of all our staff over the years and our dedicated membership we have survived and continue to fulfil our mission to provide support, advice, and information, and to raise awareness and educate, for people with scoliosis and the public benefit.

Some of our members took part in a James Lind priority setting partnership to establish scoliosis patients' priorities for research, which has resulted in a large trial of full-time versus night-time bracing being started. SAUK also supports and works with other trialists in the

UK. The NIHR (National Institute for Health Research) is funding the bracing study to the tune of £2.5 million. A GP training module about scoliosis, funded by SAUK and hosted by the Royal College of General Practitioners was a great success and has helped to give the GPs who did the course a good grounding in scoliosis.

Sadly two Trustees have resigned this year. Professor Anita Simonds of the Royal Brompton Hospital in London served as a trustee for two decades and made a huge contribution to SAUK with her expertise in chest medicine. Leia Clancy, a former member of SAUK, was a trustee for 2 years and was an invaluable help with her expertise with recruitment. Two staff members have left this year but I am delighted to welcome Lesley McGinty in the new post of Charity Director. Lesley has many years' experience of working in the charity sector and brings a wealth of knowledge to SAUK.

It remains for me to thank all our members for their wonderful fundraising efforts, and our Trustees and staff for their support and hard work and dedication to helping people with scoliosis, especially in the Covid pandemic.

With best wishes to you all,



Stephanie Clark

Chair of the Trustees

WHAT IS SCOLIOSIS?

Scoliosis is when the spine curves to the side.

It is not a disease. It just means that in an often otherwise healthy person the spine is curved or twisted. It is not infectious or contagious. It does not develop because of anything a person did or did not do.

Scoliosis can happen at any age. However, the most common time is around age 10 to 15 when a child is in early adolescence. In most cases the cause is unknown. Sometimes the scoliosis is due to a neuromuscular condition, such as muscular dystrophy or cerebral palsy. Scoliosis can also develop as part of a syndrome, such as Marfan syndrome.

Scoliosis can affect a person's appearance because when the spine bends to the side it can also twist. This twisting can pull the ribcage out of place. The ribcage can then sometimes form a bulge on the back and cause a shoulder blade to stick out.

Most patients with scoliosis should be checked regularly by a scoliosis specialist. At SAUK we have an up-to-date list of scoliosis specialists and can let you know where to find your nearest specialist centre.



WHO WE ARE

The Scoliosis Association UK is the only UK-wide patient support organisation for people with scoliosis and their families.

Our aims are to provide advice, support, and information to people affected by scoliosis and their families, and to raise awareness of scoliosis among health professionals and the general public.

Many people have never heard of scoliosis and don't have an understanding of the effect it can have on people's lives. Having scoliosis can leave people feeling isolated and unsure where to turn. At SAUK our aim is to be there for people with scoliosis and those close to them so that we can help them to access the care they need and reduce feelings of isolation, and to address poor body image, worry, fear, and lack of information.



HOW WE HELP

We give people with scoliosis a voice. We represent their views and concerns and campaign for better resources and understanding of the condition.

We run a membership network that allows people with scoliosis to get in touch with each other and offers the support of a SAUK Regional Representative. Join us at www.sauk.org.uk/membership.

We run a Helpline where people can call or email the SAUK team for advice, support, or just someone to talk to. Email info@sauk.org.uk or call **020 8964 1166** to speak to us.

HOW WE HELP

We hold patient meetings at which specialists provide advice about scoliosis and people have the chance to ask questions. Get in touch for dates of future meetings.

We have an online shop with a range of products including wrist bands, t-shirts, tote bags, and Christmas cards. All profits raised by the proceeds of our sales go towards supporting those with scoliosis, their families and friends. Visit www.sauk.org.uk/shop/shop-online.

We keep an up-to-date list of scoliosis specialists, allowing people with scoliosis to find out where to go for the best available treatment. Contact us to find out about the specialists near you.

We instigated an annual International Scoliosis Day (ISAD) in 2013 to help raise awareness of scoliosis. It is now a major event with activities taking place all over the country.

We have set up a special Fund (Hills, Pedder, Minns) with legacies to help our members with travel expenses and equipment. The Fund started with £39,768 and we have paid out £4,201 for expenses and costs of equipment so far.

When one of our founding trustees died some time ago we formed the Isobel Gray Award for services to SAUK in her memory. We also have a Roll of Honour for special bravery during treatment and it is awarded to many young people each year, with special mention in Backbone.

Many GPs see only one or two scoliosis patients in their lifetime and are not taught about it at medical school unless they choose to do orthopaedics. SAUK has sponsored and helped

to produce an e-learning module about scoliosis for General Practitioners, published online by the Royal College of General Practitioners, which provides a synopsis of the disorder.

SAUK is also supporting research by collaborating with researchers and making our members aware of the research and inviting them to participate. Currently there is a big trial of bracing taking place in the UK, with many SAUK members as participants. Another study is in the planning stages and we have agreed to collaborate once funding and ethics approval are in place. We have undertaken similar support in the past, notably a collaboration with the James Lind Alliance in Oxford, which looked at research priorities from patients' point of view.



HOW WE HELP

SAUK has a nationwide network of over 40 Regional Representatives, which enables us to put our members in touch with those in their area so that they have somebody local to talk to. SAUK Regional Representatives are volunteers and provide a great amount of help. They support SAUK members locally and help to raise awareness of scoliosis. Some have regional Facebook groups and organise regular get-togethers.

We produce a twice-yearly magazine called Backbone, which is full of practical advice, support, and information. SAUK had Information Standard accreditation, which has now been discontinued by NHS England. It was a certification scheme for all organisations producing evidence-based health and social care information for the public. SAUK has continued to apply this standard to all its relevant publications so that the public and patients can depend on reliable sources of quality and evidence-based information. SAUK health information is almost always written by specialists and is peer reviewed as part of our rigorous information production system. www.sauk.org.uk/scoliosis-information.

Covid-19

During the Covid pandemic and various lockdowns we kept our services running, with some modifications. One member of staff worked in the office 3 days a week and another 1 day a week on a different day. The other two staff members worked from home only. In that way the risk of becoming infected was greatly reduced and we were able to keep the Helpline going. Latterly our system has been adapted such that staff can answer Helpline calls from home, whilst maintaining the same high standards of confidentiality and privacy.

Measures taken for staff returning to work post-lockdown are flexible working, with 2-3 days a week in the office. With only two out of four staff in the office at the same time, social distancing can be maintained. Staff have been doing lateral flow tests before coming to work. A cleaner comes in once a week and sanitisers are provided.

Rather than holding our face-to-face regional meetings we arranged for consultants to hold Q&A sessions online. These proved very popular with our members and were well attended. International Scoliosis Awareness Day (ISAD) was also held virtually. We held Zoom events, gave podcasts, had videos online, and held an online life drawing class, throughout June.

MEMBERS' STORIES



Naomi Mutale

Naomi was diagnosed when she was 3 years old. Her mum noticed a rib hump when she was giving her a bath, when it didn't go away, they took her to the hospital and Naomi was diagnosed with scoliosis. Naomi was braced initially from the age of 4 to 9. At that point, the specialists could see that the curve was continuing to grow, so it was time to start operations to insert and manage growing rod.

Growing rods are used to treat young children with severe scoliosis. They help control the curve and allow the spine and the trunk (middle part of the body) to grow. Traditional growing rods need to be lengthened every few months by making a small incision in the back. Naomi has had eight operations in total, with her final one, spinal fusion, coming aged 16. When she started having these procedures, she had an 81 degree curve and still has a 43 degree curve after fusion. She continued to be braced between her operations and only stopped that at 14.

Naomi says: "Initially, I really hated my brace. I really struggled with it. It was uncomfortable

and it would poke through my clothes. I'd do anything and everything to hide it. The kids in primary school when they did notice it would poke at it and ask questions about it that I didn't even know the answer to. It felt never ending, I had to wear it for 23 hours a day and if after 6 hours I was fed up, I knew that was nothing compared with how much longer I had to be in it".

Naomi grew up being in and out of hospital and having to go through these challenges that her siblings didn't have to face. She said "Initially, I didn't notice any difference between me and my siblings. My family was so normal about it. When it was time for surgery, it wasn't a big deal, it was just "okay Naomi, time to pack your bags", it wasn't a big send off or anything. Eventually it dawned on me that not everyone goes through all this and after the operations I started to feel it and had questions such as, why me? It started to bother me that I didn't have as good a correction as others who had maybe just had one operation. So, it was why me out of everyone in my family and then why don't I even have an amazing straight spine at the end of it all, and, what was the point? I'd look at my siblings backs and think, if only!"

Over 10 years on from her last surgery, Naomi has long been discharged but it took her a while to feel that the treatment and surgery part of her life was over. She never really believed that that last operation would be the last. She says: "I had been waiting for the last operation for a long time and had been told that my spine would be bolt straight and I wouldn't experience pain, and everything was going to be great. That wasn't the case so there was never relief. I was always waiting for that moment to have that straight

MEMBERS' STORIES

spine. When I realised that that moment wasn't coming, the need for that relief had gone as well." Naomi didn't know about SAUK at the time of her treatment and found it quite lonely to go through everything without someone to talk to who would truly understand.

She noted that "The other side of my family not making a big deal about me having scoliosis meant that there wasn't space for me to talk about it openly. Afterwards, when I sought out people with scoliosis, I was just seeing stories of people who had had only one operation. That's when I got involved with SAUK as a volunteer so that I could be that person for others and share my experience of multiple operations and growing rods."

Katie Towner

Katie has been dancing since she was 2 years old. She knew very early on she wanted to be a dancer, until she discovered musical theatre that is. Katie is now 20 years old and is studying musical theatre at the Emil Dales School of Performing Arts. By reading her scoliosis journey, you will come to understand why that is such an amazing achievement. We hear from a number of dancers who are just beginning their scoliosis journey and are scared about what a scoliosis diagnosis means for them. Katie wants to share her story so that other young dancers being diagnosed with scoliosis know that it doesn't necessarily spell the end of their dancing careers.

Katie was living in America where they screen for scoliosis in school. Interestingly, in June, no scoliosis was picked up. Katie and her family then moved to London in August so that Katie

could attend the Sylvia Young Performing Arts School. Before she started she was sent for health screening where they told her, "You know you have mild scoliosis right?". They were told it was so mild it wasn't anything to worry about. By Christmas though, Katie had bent over, and her mother noticed how uneven her hips were getting. They booked in to see the GP and Katie was referred to a scoliosis specialist. At that point, she was 12 years old and had a 40-degree curve.

By February, she was having a lot of pain and eventually she had to stop dance altogether because of the pain. By March, the curve had grown to 45 degrees and so the conversation turned to surgery. Katie was taking pain killers, going to physio, and doing a lot of water therapy to cope with the pain. Despite this, she had to stop attending classes as the journey from Kent to school in London was proving to be impossible with the level of pain she was in. Katie has this to say: "Swimming was the one time when I felt the pain completely go away. I'd swim several times a week because that was the only thing I could do. Before swimming and after swimming, I was in pain, but while I was in the water, it all went away. By early May, I got a wheelchair because I was becoming housebound. We went to the Red Cross where, for a small donation, we could use their wheelchair for several months. This made such a big difference and got some normality back into my life. I'll always remember visiting Brighton for my 13th birthday and being pushed down the broadwalk in my wheelchair."

On Katie's next visit to the specialist in May her curve had grown to 50 degrees and she was told they would go ahead with surgery now as they had been waiting for her growth plates to reach

MEMBERS' STORIES

maturity. Katie had fusion surgery in the first week of June, 2014, 10 months after first being told she had mild scoliosis. She says: "At first, surgery was something I was not looking forward to at all. I remember crying during the appointment thinking I'd have to stop dancing and the surgery would take that away from me. There was no promise that I'd go back to dancing at the level I was after the fusion. The situation completely flipped by April. I wasn't doing anything at all, so anything I could do after the surgery would be an improvement.

I can do more now than I expected to post-fusion. I can do pretty much everything I could before. I remember when I was in hospital the first few days post-surgery, everyone was saying, 'just wait till you get to 6 weeks post-surgery, you'll feel much better' I couldn't believe that I could go from how bad I was feeling to better in just 6 weeks but there really was a drastic change after that and the pain got so much less. I went back to school in September. I start dancing again 6 months after my operation with light moves, but I felt so ready to get back to it. By February, I was performing again in dance solos. That's not to say that there weren't moments of pain and difficulty. I had to learn when to take a break."

Coping with this big life change and experiencing chronic pain had a significant effect on Katie's mental health. She describes the challenges: "I had issues coming off the Tramadol pain killers and experienced withdrawal symptoms for about 6 weeks. This was between weeks 6 and 12 after surgery, so I was dealing with withdrawal on top of recovery. One night I was in such a bad state, I was hallucinating and shaking and couldn't recognise my parents. The memories of that, being in hospital and the pain stuck with

me and I struggled with that. It took a while to process everything I'd been through but a year after surgery I started counselling where I was told I had PTSD from everything I'd been through and was put on antidepressants.

I remember not wanting to talk about that side of things at all outside of counselling, but I think things have been changing over these past few years. Mental health awareness is growing and it's no secret anymore that a physical condition like scoliosis can lead to mental health issues because of how traumatic it is to go through. By sharing my story, I want to play a part in getting more people to recognise their mental health needs and realise that they will need to recover mentally and emotionally, as well as physically."



STRUCTURE, GOVERNANCE, AND MANAGEMENT

The charity was incorporated on January 7th, 2019, as a Charitable Incorporated Organisation. The Charity is entered in the Central Register of Charities by the Charity Commissioners for England and Wales with registration number 1181463. SAUK is governed by a board of Trustees, consisting of a combination of spinal surgeons, general practitioners, scientists, and lay members. The office staff is composed of a Charity Director (since April, 2021), supported by a Communications Officer, whose costs are shared with the BSRF, and a Membership and Accounts Officer. Additionally, SAUK has a Trust Fundraiser role for which we are currently recruiting. The office is manned 5 days a week in normal times. The Board of Trustees meets four times a year and the Charity Director reports formally to the Board at these meetings. New Trustees are generally selected from contacts

with knowledge of scoliosis and related issues. They are invited to attend the next Trustee meeting at which they observe proceedings and their appointment is later approved by the existing Trustees. SAUK has set up four governing committees in 2020, each composed of two or more Trustees. They are: Human Resources and Office Management, headed by Carol Richards; Fundraising and Finance, headed by Susannah Kraft; Medical, headed by Thanos Tsirikos; and Publications, headed by Stephanie Clark.

The charity's offices are based in London in rented accommodation shared with SAUK's affiliated charity, the BSRF. Funds raised are to be used for the benefit of children and adults with scoliosis and their families.



WORKING FOR PATIENTS



The Trustees confirm that they have had due regard to guidance published by the Charity Commission on public benefit. SAUK's aims are wholly directed at delivering public benefit. SAUK became incorporated as a Charitable Incorporated Organisation on January 7th, 2019.

The Trustees are:

Dr Stephanie Clark PhD (Chair), Dr Stuart Spencer PhD, Professor Anita Simonds FRCP (resigned January, 2020), Mr Thanos Tsirikos FRCS, Dr Nicholas Jones MB, Mrs Carol Richards, Ms Susannah Kraft, and were joined by Mr Colin Nnadi FRCS, on Sept 16th, Ms Leia Clancy on Sept 16th, and Dr Rachel Levene MB on Nov 4th in 2020.

Our Patrons are: David Rintoul, Actor; Pippa Britton, Paralympic archer; and we were privileged and delighted to have HRH Princess Eugenie, who has scoliosis herself, to agree to be a Royal Patron of SAUK in 2020. We believe she will be most helpful in raising the profile of SAUK and increasing general awareness of scoliosis.

The staff team during 2020-21 consisted of Ms Anne Rowlands as General Manager, Natalie Cooper as Communications Officer, Denise Aulsberry as Membership and Finance Officer, and we were joined in September, 2020, by Emily Gibson as Fundraising Administrator. Ms Rowlands and Ms Gibson have now left. Ms Rowlands has been replaced by Ms Lesley McGinty in a new role of Charity Director. All employees are based at SAUK's premises at Ivebury Court, Latimer Road, West London.

The affiliation with the BSRF continued during 2020, but the BSRF experienced a reduction in its income and cut its contribution for staff salaries and office expenses. SAUK agreed to cover that loss. The two organisations are thinking about merging and will look into the possibility later in 2021. Both SAUK & BSRF use the Ivebury Court office as their respective administrative centres.

FINANCIAL REVIEW

SAUK ended the year in a healthy financial condition with £318,539 of unrestricted reserves available and a small surplus of income over expenditure of £457 despite the effects of the Covid 19 pandemic. Revenues from donations fell by 8% from the previous year and fundraising by 27% resulting entirely from the effects of the pandemic on mass participation events and restrictions of movement. Our membership subscriptions stayed much the same as the previous year. SAUK also received several legacies during the year with a value of £18,180. SAUK spent £161,024 in the current year compared with £194,976 in the previous year.

Following the Public Health Emergency caused by COVID 19 SAUK has seen a reduction in fundraising revenues generated by sporting events, which has continued throughout 2020-21. Donations were reduced only slightly and subscriptions have remained stable during this period. The shortfall has been made up by a few larger donations and legacies resulting in a small surplus, without having to reduce any of the services normally provided.

SAUK holds almost all its assets as cash deposits and these amounted to £386,204 at the yearend, of which £318,539 is, as previously stated, unrestricted. SAUK's reserve policy is to maintain a minimum of £100,000 of unrestricted funds. This policy is under review.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16 July 2014.

Approved by the Trustees on 17 November 2021 and signed on their behalf by:



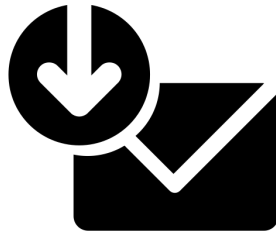
Dr Stephanie Clark
Chair of the Trustees

OUR YEAR IN NUMBERS



1,050

helpline calls answered



48

Regional Representatives in
our volunteer network



2,800

helpline emails received
and responded to



13,920

followers on Facebook



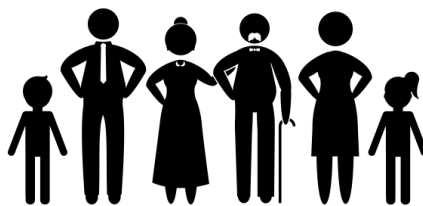
4,078

followers on Twitter



6,022

followers on Instagram



1,500

Members of our support network

helpline figures are estimates based on an average week

Financial Statements for the Year to 31 March 2021

Statement of Financial Activities for the year to 31.3.2020

Balance Sheet at 31 March 2020

		Unrestricted	Restricted	Total 2021	Total 2020
	Notes	£	£	£	£
Income					
Donations and Legacies	3	86,439		86,439	100,840
Fundraising	4	58,228		58,228	79,472
Subscriptions		15,741		15,741	15,900
Sale of Books and Publications		768		768	(262)
Interest Recievable		296	9	305	448
Miscellaneous		-		558	558
Total Income		161,472	9	161,481	196,956
Expenditure					
Staff and payroll costs	8	107,548		107,548	121,428
Travel and Subsistence		-		-	1,197
Postage and Telephone		12,658		12,658	13,788
Stationery		337		337	793
Printing and Photocopying		6,826		6,826	5,794
Office Equipment & Maintenance		9,065		9,065	5,979
Rent and Service Charges		12,944		12,944	13,516
Insurance		1,108		1,108	1,041
Professional Fees		2,160		2,106	1,200
Newsletter costs		5,529		5,529	6,098
Donations Paid		-		-	20,684
Miscellaneous		2,849	-	2,849	3,458
Total Expenditure		161,024	-	161,024	194,976
Net Surplus/(Deficit)		448	9	457	1,980
Fund Balances Brought Forward at 31 March 2020		360,099	25,648	385,747	383,767
Fund Balances Carried Forward at 31 March 2021		360,647	25,657	386,204	385,747

		2021	2020
	Notes	£	£
CURRENT ASSETS			
Debtors and Payments in Advance	5	11,808	8,103
Bank Current Account		84,798	102,976
Bank Deposit Accounts		300,778	293,114
		397,334	404,193
CURRENT LIABILITIES			
Creditors and Receipts in Advance	6	11,130	18,446
TOTAL ASSETS LESS CURRENT LIABILITIES	2	386,204	385,747

Funds of the Charity

	2021	2020
	£	£
FUNDS		
Unrestricted Income Funds:		
Accumulated General Funds	318,539	316,531
Designated Funds:		
Ailee Harrison Fund	5,000	5,000
Hill, Pedder, Minns Fund	37,008	38,568
Restricted Income Funds		
London Law Trust (Baby Project)	1,315	1,315
Strongbones Children's Charitable Trust	3,256	3,256
ARISE	21,086	21,077
TOTAL FUNDS	386,204	385,747

Approved by the Trustees and signed on their behalf by Stephanie Clarke (Chair of the Trustees) on the 17th November, 2021.

Stephanie Clarke

Notes to the Accounts for the Year to 31 March 2020

1. Accounting Policies

Accounting Convention

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Practice. The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Charities SORP (FRS102) rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn. The charity constitutes a public benefit entity as defined by FRS102.

Going Concern

The Trustees have considered the impact of the COVID-19 pandemic in their assessment of the charity's ability to prepare accounts as a going concern. Because of the uncertainties surrounding its effects it is difficult to predict the impact on the charity, but having taken all the factors into account, the trustees are of the opinion that the charity has sufficient resources to continue its activities for the next 12 months from the date of signing these accounts.

Income

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably. For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor that a distribution will be made, or when a distribution is received from the estate. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. The Association's resources are committed directly for funding the activities of SAUK in order to achieve its aims. These activities include: maintaining the helpline through which advice and support is given to SAUK members; communicating with members and organizing member and service user events; fundraising activities; running the volunteer network; communicating with members and the public, including through social media, in order to promote and raise awareness of SAUK and its activities; and office support for general accounts and administration, including strategy and planning.

Debtors and Creditors

Trade and other debtors are recognised initially at the transaction price. Creditors are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Creditors are recognised at the amount that the charity anticipates it will pay to settle the debt or the amount it has received provided as advanced payments for the goods or services it must provide.

Fund accounting

Unrestricted general funds – these are funds which can be used in accordance with the charitable objects at the discretion of the trustees. Designated funds – these are funds set aside by the trustees out of unrestricted funds for specific future purposes or projects. Restricted funds – these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2. Analysis of Net Assets by Fund

	Unrestricted Fund		Restricted Funds	Total
	General	Designated		
	£	£	£	£
Total Assets	329,669	42,008	25,657	397,334
Current Liabilities	(11,130)	-	-	(11,130)
Net Assets	318,539	42,008	25,657	386,204

3. Donations and Grants

	2021	2020
	£	£
General Donations	24,381	23,881
Legacies	18,180	26,936
BSRF Grant	35,878	41,023
Other	8,000	8,000
Restricted donations	-	1,000
	86,439	100,840

4. Fundraising Income

	2021	2020
	£	£
Christmas Cards (Net proceeds)	2,016	1,520
Raffle (Net proceeds)	2,261	3,432
500 Club (Net Proceeds)	397	397
Joint Activities with BSRF	8,977	16,166
Other Activities	44,612	57,957
	58,228	79,472

5. Debtors and Prepayments

	2021	2020
	£	£
Gift Aid Claim	5,165	5,015
Prepaid Accounts	6,643	3,088
	11,808	8,103

Notes to the Accounts for the Year to 31 March 2021

6. Creditors

	2021	2020
	£	£
Fundraising due to BSRF	8,941	16,166
Payroll taxes	2,189	2,060
Accounts payable	-	220
	11,130	18,446

7. Operating Leases

Total rental payments due under operating leases in respect of land and buildings are as follows:

	2021	2020
	£	£
Within 1 year	-	15,126
Within 2 to 5 years	-	6,345
	-	21,471

8. Employee Remuneration

Total remuneration for the year amounted to £105,375 (2019/2020 £109,792)

Average number of paid staff for the year was 4 (2019/2020 - 4)

None of the employees' emoluments exceeded £60,000

9. Trustee remuneration and expenses

Trustees do not receive any remuneration or fees and no trustees were reimbursed for expenses during the year (2019/2020 – nil).

10. Related Party Transactions

There were no related party transactions during the year.

Independent Examiner's Report to the Trustees of SAUK

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2021 which are set out above.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Colin Barker FCA
146 New London Road
Chelmsford
Essex CM2 0AW

Date: 29th of November, 2021

ANNUAL REVIEW

SCOLIOSIS ASSOCIATION UK

2020-2021



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Registered charity no. 1181463
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